## Contextualising ACEs: the relationship between childhood socioeconomic position and adverse childhood experiences

<u>David Walsh</u>, Gerry McCartney, Michael Smith, Gillian Armour



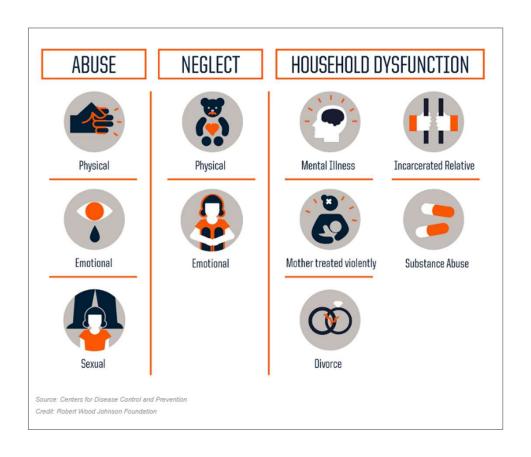




### Today

- Background: what are ACEs and why is this topic important?
- Aims: what's missing and what we were trying to do?
- Methods mercifully brief
- Results what does the evidence actually show?
- Conclusions: what all this means and why it matters for policy

- Childhood adversity associated with increased risk of negative outcomes in later life
- Evidence particularly influenced by CDC-Kaiser Adverse Childhood Experiences (ACE) Study (e.g. Felitti et al 1998):
  - (More or less) coined the term 'ACEs' to describe multiple facets of such adversity
  - Theirs now often cited as a 'standard' definition...



Source: CDC/NPR

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- Evidence particularly influenced by CDC-Kaiser Adverse Childhood Experiences (ACE) Study (e.g. Felitti et al 1998):
  - (More or less) coined the term 'ACEs' to describe multiple facets of such adversity
  - Theirs now often cited as a 'standard' definition...
- But actually (NB) ACEs defined in all sorts of different ways
- ACEs associated with very wide range of adverse outcomes...

Figure 1

All-cause mortality rate by age 50 according to prevalence of adverse childhood experiences, British men and women, 2008

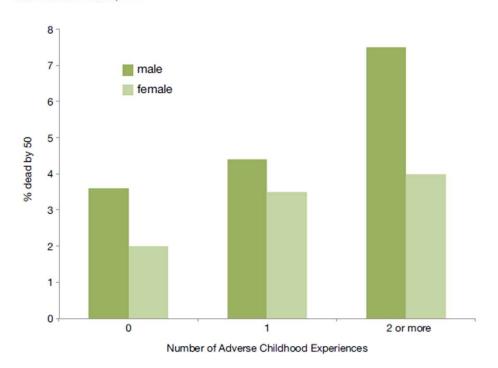
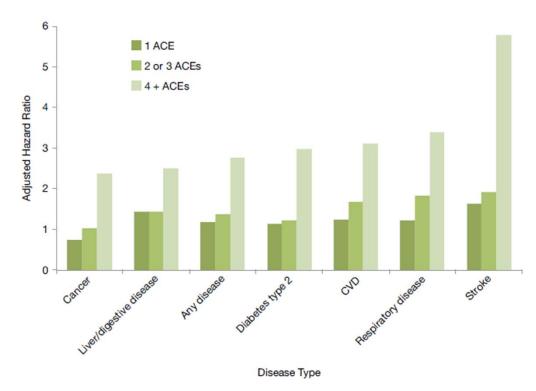


Figure 2

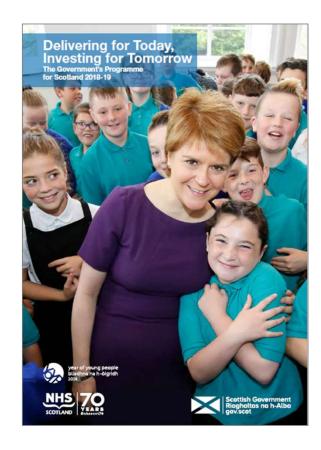
Changes in risk of disease development with increased history of ACE, English survey data, 2013

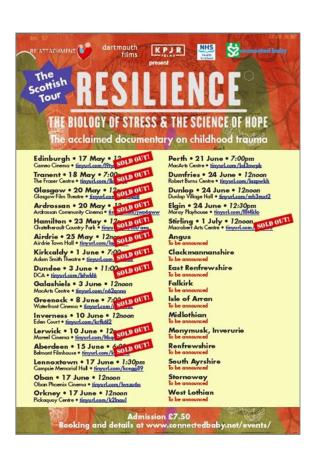


Source: Allan M., Donkin A. The impact of adverse experiences in the home on the health of children and young people, and inequalities in prevalence and effects. London: UCL Institute of Health Equity; 2016 (using data from: Kelly-Irving et al 2013 (Figure 1); and Bellis et al 2014 (Figure 2))

- So, a major focus of policy e.g.
  - Lots going in Welsh policy and practice
  - Importance of ACEs emphasised by English DoH and UK Government Parliamentary Committees
  - And very clearly a priority of the Scottish Government...

- SG's Programme for Government 2018/19
- ACEs woven throughout:
  - 'healthy & active nation'
  - 'best place to grow up and learn' (major emphasis)
  - 'empowered, equal, safe Scotland' (local government, justice, domestic abuse)
  - 'creative, open, connected nation' (culture)





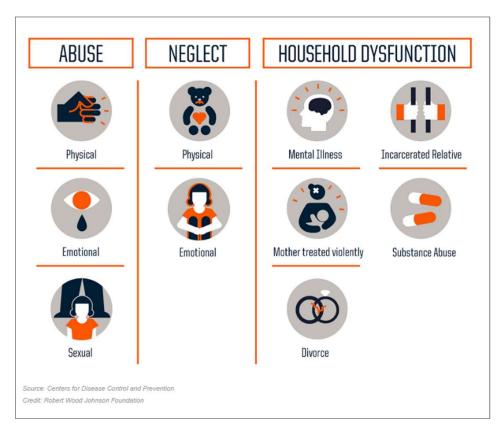




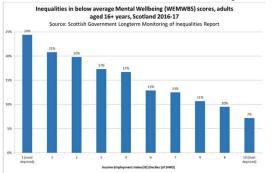


- Where is poverty (and broader socio-economic position (SEP)) in all this discussion?
- On the one hand:
  - Childhood adversity experienced across all social classes e.g. CDC-Kaiser ACE Study itself (Felitti et al 1998 etc)
- But on the other hand:
  - <u>All</u> components of ACEs are very clearly socially patterned..

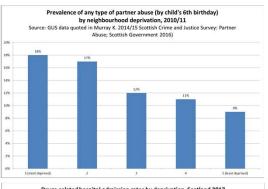
and SEP

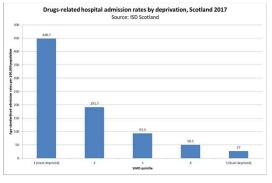


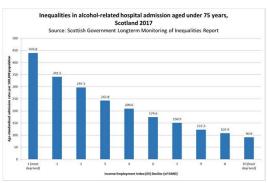
Source: CDC/NPR

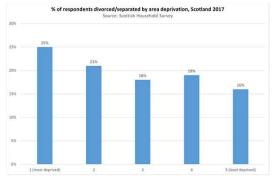












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- On the one hand:
  - Childhood adversity experienced across all social classes e.g. CDC-Kaiser ACE Study itself (Felitti et al 1998 etc)
- But on the other hand:
  - <u>All</u> components of ACEs are very clearly socially patterned..
- So begs the question: what's the role of childhood SEP/poverty in understanding and addressing ACEs?
- What's the evidence?

### Aims and methods

- Aim: to systematically review and synthesise the literature on the relationship between childhood SEP and ACEs
- Methods:
  - Systematic literature review
  - Searched relevant databases for studies mentioning ACEs (or similar) <u>and</u> SEP (or similar)
  - Looking for childhood SEP, and where ACEs (or similar) were the outcome
  - Papers limited to 1998 onwards
  - Modified version of Hamilton tool\* used to assess study quality/bias etc

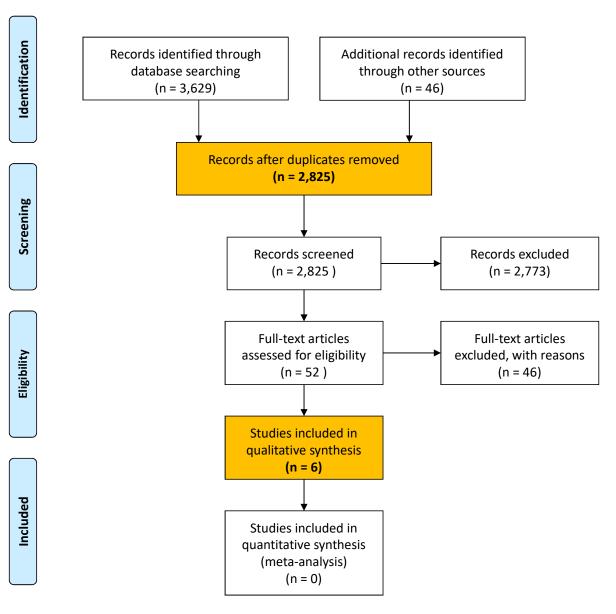
<sup>\*</sup> Effective Public Health Practice Project. Quality assessment tool for quantitative studies. Hamilton, Ontario: MERSC; 1998

### Results 1: Childhood SEP and ACEs



PRISMA 2009 Flow Diagram

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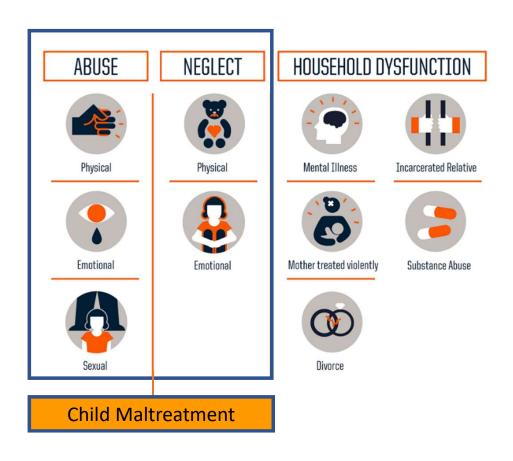


**PRISMA 2009 Flow Diagram** 

## Results 2: SEP and ACEs and child maltreatment

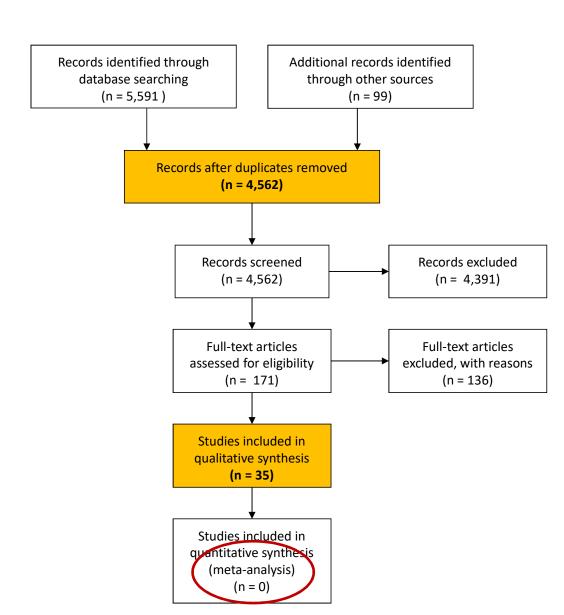
- More evidence in the literature re. child maltreatment (rather than ACEs) and SEP/poverty
- NB obvious differences between broader aspects of childhood adversity (ACEs) and much more specific maltreatment
- But maltreatment is a large component (half of the 10 'standard' ACEs definition)...

## Results 2: SEP and ACEs and child maltreatment



Source: CDC/NPR

### Results 2: Childhood SEP and ACEs/maltreatment





**PRISMA 2009 Flow Diagram** 

Identification

Eligibility

## Results 2: childhood SEP and ACEs/maltreatment

- No meta-analysis of data possible
- Relatively small number of papers
- (Of which c. half deemed to be 'high quality')
- NB despite limitations, association between childhood SEP and childhood adversity very clear:
  - Meaningful ("significant"!) statistical associations observed in the vast majority of studies..
  - ..including all bar one of those deemed 'high quality'
  - For example...

## Results 2a: Childhood SEP and ACEs (selected examples)



Variables	Number of ACEs						
	0	1	2	3	4+		
Skin color							
White	1	1	1	1	1		
Non-white	1	1.3 (1.1, 1.7)	2.1 (1.7, 2.6)	2.0 (1.5, 2.6)*	3.1 (2.2, 4.3)		
Camily income at birth (qui	intile)ª						
1st (lowest)	1	1.3 (1.0, 1.7)	1.8 (1.3, 2.4)**	2.7 (1.8, 3.9)*	2.4 (1.4, 3.9)**		
2nd	1	1.2 (0.9, 1.7)	1.6 (1.2, 2.3)	2.3 (1.5, 3.6)*	1.6 (0.9, 2.8)		
3rd	1	1.2 (0.9, 1.6)	1.3 (0.9, 1.7)	2.1 (1.4, 3.2)*	1.6 (0.9, 2.8)		
4th	1	1.2 (0.9, 1.6)	1.2 (0.9, 1.7)	1.7 (1.2, 2.6)°	1.5 (0.9, 2.6)		
5th (nighest)	1	1	1	1	1		
Income change from 0 to 15	5 years <sup>a</sup>						
Always poor	1	1.5 (1.2, 2.0)	2.2 (1.6, 2.9)*	3.1 (2.3, 4.4)*	3.5 (2.3, 5.4)		
Non poor-poor	1	2.2 (1.5, 3.2)*	2.6 (1.8, 3.9)*	4.6 (3.0. 7.1)*	6.1 (3.6, 10.3)		
Poor–non poor	1	1.1 (0.9, 1.4)	1.5 (1.2, 1.9)	1.6 (1.1, 2.2)**	1.6 (1.0, 2.5)		
Never poor	1	1	1	1	1		
wother's schooling (years)							
0-4	1	1.9 (1.4, 2.7)*	2.8 (1.9, 4.1)*	3.2 (1.9, 5.4)*	6.1 (2.5, 14.8)		
5-8	1	1.9 (1.4, 2.6)*	2.4 (1.7, 3.5)*	2.7 (1.7, 4.5)*	4.1 (1.8, 9.9)		
9–11	1	1.6 (1.1, 2.2)	1.7 (1.1, 2.5)	1.5 (0.8, 2.5)	2.6 (1.0, 6.7)		
12 or more	1	1	1	1	1		
Mother's age at birth (years	6)b						
<20	1	1.8 (1.2, 2.7)	2.4 (1.6, 3.6)	2.7 (1.6, 4.4)*	3.6 (1.8, 7.0)*		
20-24	1	1.3 (0.9, 1.7)	1.4 (1.0, 1.9)	1.5 (0.9, 2.3)	2.1 (1.1, 3.9)		
25-29	1	1.3 (0.9, 1.8)	1.2 (0.9, 1.7)	1.4 (0.9, 2.1)	1.8 (1.0, 3.5)		
30-34	1	1.1 (0.8, 1.5)	1.0 (0.7, 1.4)	1.1 (0.7, 1.8)	1.2 (0.6, 2.4)		
≥35	1	1	1	1	1		
Number of siblings <sup>b</sup>							
0	1	1	1	1	1		
1	1	0.8 (0.6, 1.0)	0.8 (0.6, 1.0)	0.7 (0.5, 0.9)**	1.0 (0.7, 1.4)		
2	1	0.9 (0.6, 1.1)	0.9 (0.7, 1.3)	0.8 (0.6, 1.2)	1.3 (0.9, 2.1)		
3 or more	1	00(07 12)	00(06 12)	00(0614)	00(05 15)		

Source: Soares A.L., Howe L.D., Matijasevich A. et al. Adverse childhood experiences: Prevalence and related factors in adolescents of a Brazilian birth cohort. Child Abuse Negl. 2016; 51: 21-30.

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5th (highest)	1	1	1	1			
Income change from 0 to 15 years a							
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## Results 2a: Childhood SEP and ACEs (selected examples)

Rethinking the Measurement of Adversity: **Moving Toward Second-Generation** Research on Adverse Childhood Experiences

Child Maltrestment 2017, Vol. 22(1) 58-68 © The Author(s) 2016 Reprints and permission:

Joshua P. Mersky<sup>1,2</sup>, Colleen E. Janczewski<sup>1,2</sup>, and James Topitzes<sup>1,2</sup>

Research on adverse childhood experiences (ACEs) has unified the study of interrelated risks and generated insights into the origins of disorder and disease. Ten indicators of child maltreatment and household dysfunction are widely accepted as ACEs, but further progress requires a more systematic approach to conceptualizing and measuring ACEs. Using data from a diverse, low-income sample of women who received home visiting services in Wisconsin (N = 1,241), this study assessed the prevalence of and interrelations among 10 conventional ACEs and 7 potential ACEs: family financial problems, food insecurity, homelessness, parental absence, parent/sibling death, bullying, and violent crime. Associations between ACEs and two outcomes, perceived stress and smoking, were examined. The factor structure and test-retest reliability of ACEs was also explored. As expected, prevalence rates were high compared to studies of more representative samples. Except for parent/sibling death, all ACEs were intercorrelated and associated at the bivariate level with perceived stress and smoking. Exploratory factor analysis confirmed that conventional ACEs loaded on two factors, child maltreatment and household dysfunction, though a more complex four-factor solution emerged once new ACEs were introduced. All ACEs demonstrated acceptable test-retest reliability. Implications and future directions toward a second generation of ACE research are discussed.

surement, exploratory factor analysis, definitional issues, home visiting, instrument development

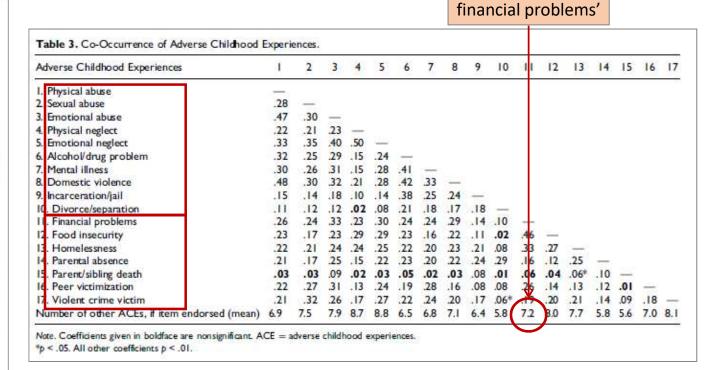
Over the past two decades, research on adverse childhood to be comparable to the effects on more representative or experiences (ACEs) has helped to unify the study of interre- advantaged samples (Cambron, Gringeri, & Vogel-Ferguson, lated risks and understand the origins of dysfunction, disorder. 2014; Mersky, Topitzes, & Reynolds, 2013). Hence, it seems and disease. Results from the U.S. National Comorbidity Study that ACEs are not only more prevalent among the poor, but (Kessler, Davis, & Kendler, 1997), the seminal ACEs Study they are also associated with deleterious effects net of the (Felitti et al., 1998), and scores of investigations since have effects of poverty shown that ACEs are prevalent. Although estimates vary across adults have suffered at least one ACE (e.g., Chapman et al., forms of child maltreatment (physical abuse, sexual abuse 2013; Felitti et al., 1998; Kessler et al., 1997). ACEs also often co-occur and most adults who report at least one ACE have a five forms of household dysfunction (substance abuse, mental history of multiple ACEs (Felitti et al. 1998; Green et al. illness domestic violence incarceration/iail and divorce 2010). This revelation is magnified by the repeated observation separation). When scored as an additive index, their predictive that with an increasing number of ACEs comes an elevated risk of poor health-related outcomes (Felitti et al., 1998; Green

Despite the proliferation of ACE research, scientific gaps remain. First, low-income groups are understudied even though they are likely to be at a high risk of ACEs. Data from the
National Survey of Child Health, for example, revealed that the poorest children averaged more than twice as many ACEs as did children in the highest income stratum (Slopen et al., 2016). Yet the effects of ACEs on low-income samples appear

Second, most research in this area has been restricted to 10 samples, they consistently show that over half of American ACEs that were assessed in the ACEs Study, including five

<sup>1</sup> Helen Bader School of Social Welfare, University of Wisconsin-Milwaukee, Milwaukee, WI, USA
<sup>2</sup> Institute for Child and Family Well-Being, University of Wisconsin-Milwau-

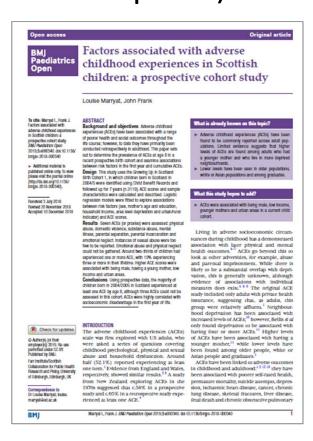
Joshua P. Mersky, Helen Bader School of Social Welfare, University of Wis consin-Milwaukee, 2400 E. Hartford Ave., Milwaukee, WI 53201, USA.

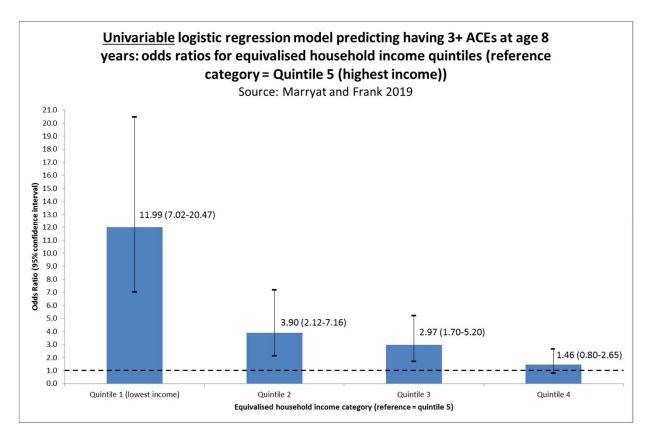


'Frequent family

Source: Mersky J.P., Janczewski C.E., Topitzes J. Rethinking the Measurement of Adversity: Moving Toward Second-Generation Research on Adverse Childhood Experiences. Child Maltreatment 2017; 22 (1): 58-68.

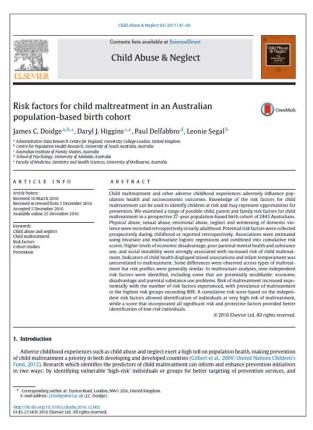
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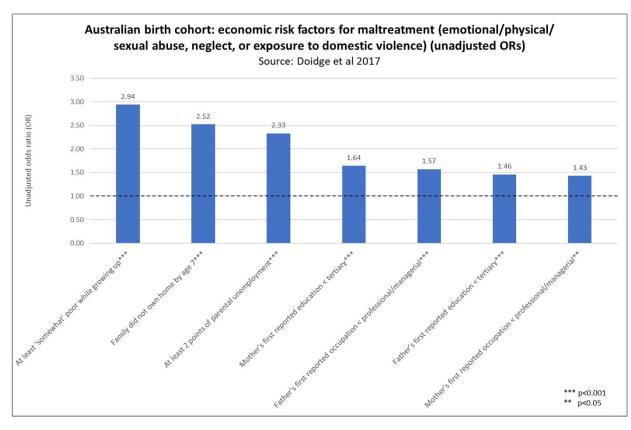




Source: Marryat, L., and Frank, J., Factors associated with Adverse Childhood Experiences in Scottish children: a prospective cohort study. BMJ Pediatrics Open 2019; 3: e000340

# Results 2b: Childhood SEP and maltreatment (selected examples)

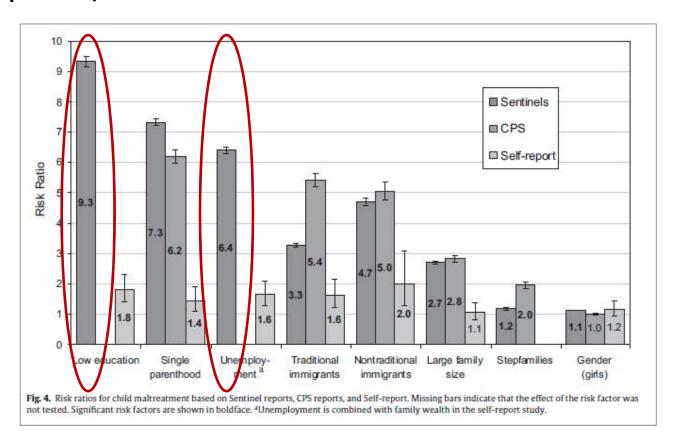




Source: Doidge J.C., Higgins D. J., Delfabbro P., Segal L. Risk factors for child maltreatment in an Australian population-based birth cohort. Child Abuse & Neglect 2017; 64: 47-60

# Results 2b: Childhood SEP and maltreatment (selected examples)

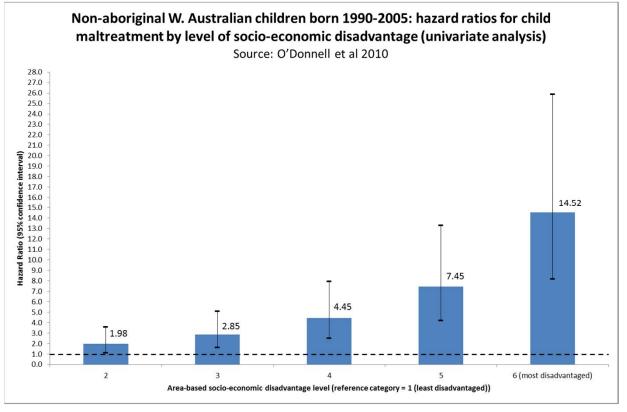




Source: Euser S., Alink L.R., Pannebakker F. The prevalence of child maltreatment in the Netherlands across a 5-year period. Child Abuse Negl. 2013; 37(10): 841-51

# Results 2b: Childhood SEP and maltreatment (selected examples)





Source: O'Donnell M., Nassar N., Leonard H. Et al. Characteristics of non-Aboriginal and Aboriginal children and families with substantiated child maltreatment: a population-based study, International Journal of Epidemiology 2010; 39 (3): 921–928

### Conclusions: what does all this mean? (1)

- Clear relationship between SEP in childhood and risk of experiencing ACEs and maltreatment
  - robust across countries, measures of SEP and adversity, and the age at which adversity is measured
- But much more research into maltreatment suggests that childhood SEP/poverty is not integrated into the understanding of what causes ACEs

### Conclusions: what does all this mean? (2)

• So findings echo others' concerns re. the **decontextualised** manner in which ACEs are discussed – both in **policy** and **research**...

### Decontextualisation of ACEs

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A Critique of the Adverse Childhood Experiences Framework in Epidemiology and Public Health: Uses and Misuses

### Michelle Kelly-Irving\* and Cyrille Delpierre\*\*

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Adverse childhood experiences (ACEs) have emerged as a major research theme. They make relevence to an array of potentially harmful exposures occurring from birth eighteen years of age and may be involved in the construction of health inequalities over the lifecourse. As with many simplified concepts, ACEs present limitations. They include diverse types of exposures, are often considered cumulatively, can be identified using prospective and retrospective approaches, and their multidimensional nature may lead to greater measurement error. From a public health perspective, ACEs are useful for describing the need to act upon complex social environments to prevent health inequalities at a population level. As the ACEs concept becomes popular in the context of policy interventions, concerns have emerged. As a probabilistic and population-level tool, it is not adapted to diagnose individual-level vulnerabilities, an approach which could ultimately exacerbate inequalities. Here, we present a critique of the ACEs framework, discussing its strengths and limits.

Keywords: Adverse childhood experiences, health inequalities, epidemiology, public

### Introduction

The scientific literature on Adverse Childhood Experiences (ACEs) is burgeoning, and the term has also become commorplace outside the academic scientific milieu, including policy practice and social work. This article will examine the importance of the ACEs framework as it emerged in the field of epidemiology in the late 1990s and 2000s, and how it influenced research on the aetiology of health and the social determinants of health. We will also discuss the important societal issues that have emerged as the population-level epidemiological research has increasingly been used in other fields and at the individual level.

'Advese childhood experiences' is a catch-all term that some authors have attempted us and define more specifically (Brown et al., 2010). From a methodological perspective, the type of approaches mainly involves collecting recall data through questionnaires (Feltin et al., 1998), but some papers also identify ACEs using prospectively collected data (Kelly-Irving et al., 2013a). Across all fields of research recorded using the Web of Science, the number of papers referring to 'Adverse Childhood Experiences' in heir title has increased from one publication in 1985 to two hundred and one in 2018'.

### Michelle Kelly-Irving and Cyrille Delpierre

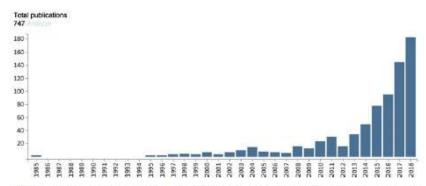


Figure 1. Number of scientific publications with 'Adverse childhood experience' in their titles per year recorded on the Web of science<sup>1</sup>

- Increase attributable to various factors
- 'such a sudden increase in interest may have contributed to the decontextualisation of ACEs from the wider socioeconomic landscape and to a mismatch regarding links with policy'

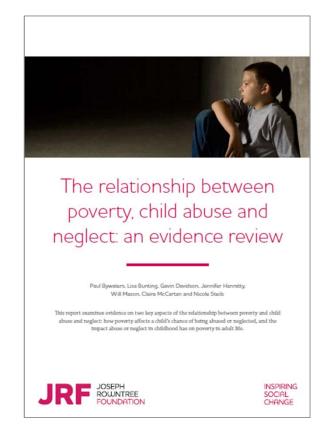
Source: Kelly-Irving M., Delpierre C. A Critique of the Adverse Childhood Experiences Framework in Epidemiology and Public Health: Uses and Misuses. Social Policy and Society 2019

### Decontextualisation of child maltreatment?

- Importance of poverty much more explicit in the U.S. literature on maltreatment
  - Less so in the U.K. maltreatment literature

### Child maltreatment and poverty

- Lots of US research, but...
- 'UK evidence base is limited'
- 'there is a lack of joined up thinking and action about poverty and child abuse and neglect in the UK'



## In (final) conclusion

- Association between childhood SEP and ACEs is clear, but underresearched
  - More evidence in the maltreatment literature (but mainly from US)
- Policy focus on helping those affected by childhood adversity is a good thing
- But ignoring the wider socio-economic context is a stupid thing...

## Child poverty trend and projection



### Sources:

- HBAI data set/DWP/Scottish Government.
- Reed H., Stark G. Forecasting Child Poverty in Scotland. Edinburgh: Scottish Government; 2018

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  - More evidence in the maltreatment literature (but mainly from US)
- Policy focus on helping those affected by childhood adversity is a good thing
- But ignoring the wider socio-economic context is a stupid thing...
- Policy needs to do both i.e.
  - Help those currently affected
  - Prevent further adversity by addressing the key socio-economic drivers

## Contextualising ACEs: the relationship between childhood socioeconomic position and adverse childhood experiences

<u>David Walsh</u>, Gerry McCartney, Michael Smith, Gillian Armour





