

Public Health information Network for Scotland 11 September 2015



VISION

A walking nation where all generations walk on streets that are fit for walking by:

- Tackling the decline in walking;
- Making walking the natural choice;
- Helping people enjoy and benefit from the simple act of walking;
- Creating changes, big and small, to make streets fit for walking.



WALKING INITIATIVES

Delivering results

- Our Walk to School project instills good habits that can last a lifetime.
- Our community street audits identify changes that are often easy to put right and will get people walking.
- Our expertise helps put walking at the heart of public policy from a national to a local level







INTRODUCTION Delivery vs Reality

• The case for active travel is well understood and unanswerable - but this isn't enough!

- There is a robust national policy framework that acknowledges and reflects this reality
- We aren't consistently delivering changes at a local level which reflect our policy ambitions
- What needs to change?



DELIVERING CHANGE



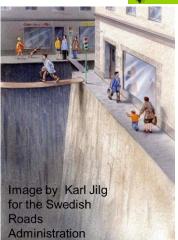
Radical riparian policy intervention 400 years in the making



REVERSING 50 YEARS INACTIVITY ON WALKING

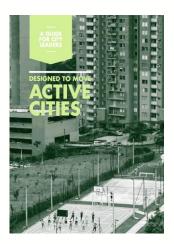


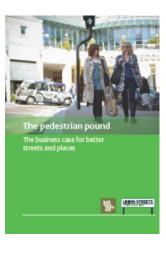






MOVEMENT 4 HEALTHY CITIES











IS SCOTLAND BRAVE OR IS ENGLAND A BIT SILLY?





BETTER BY DESIGN

Designing Streets







SCOTTISH PLANNING POLICY

"The planning system should support patterns of development which provide:

- Safe and convenient opportunities for walking and cycling for both active travel and
- For recreation, and facilitate travel by public transport"





P.

STREETS

REGENERATING TOWN CENTRES

TOWN CENTRE TOOLKIT





<section-header><section-header><section-header><image><image><image>

January 2015

BEHAVIOUR CHANGE





The Scottish Government

STREETS

DOING EVERYTHING FAIRLY

"Scottish public authorities must have 'due regard' to the need to eliminate unlawful discrimination, advance equality of opportunity and foster good relations."







Freiburg

Ghent

Graz

Copenhagen

Groningen

Hannover

Zurich

Pung

INVESTING FOR SUCCESS?

Dundee

Bremen

Base/

Edinburgh

Aberdeen

66% OF THE PUBLIC WOULD WALK MORE IF STREETS WERE BETTER MAINTAINED

LIVING STREETS & PATHS FOR ALL, WALKING AND PUBLIC SPACE OPINION SURVEY 2009

20% FALL IN LA MAINTENANCE BUDGETS 2009-13 (£19.5M TO £15M)

LIVING STREETS SCOTLAND FOI SURVEY 2014



COSTS AND BENEFITS

Share of highway maintenance budgets for walking

EDINBURGH: 31.9% (HIGH WALKING LEVELS)

ABERDEEN: 19.1%

GLASGOW: 9.2% (LOW WALKING LEVELS)

COINCIDENCE??



WALKING FEELS SAFE?











WAITING FOR A BIG CHANGE







SAFER SPEEDS- SLOW PROGRESS?







SOME LOCAL DIFFICULTIES









INDIVIDUAL Influencing beliefs and values

People need to value the freedom and practicality that walking brings for them and their families

Myths about the freedom and practicality of the car need to be challenged

Professionals believe in vibrant places and footfall - not traffic flow





Walking to school is perceived as safe and parents can build it into routines

Levels of walking are seen as the measure of whether our towns and cities are healthy

Communities are working together to drive change at a neighbourhood level owning and using policy to promote change



MATERIAL

Our environment encourages & supports walking

We need some big changes in our city centres to make room for active travel through bolder interpretation of policy

But more importantly we need lots of small improvements to basic infrastructure at a neighbourhood level

Resources should match ambitions and priorities recognising active travel delivers multiple benefits



CONCLUSIONS

Beyond policy

- 1. We have all the evidence and policies we need at a national level
- 2. We know what success looks like but we need to be brave enough to let communities implement solutions at a local level
- 3. Implementation will be a messy, disruptive but transformative process



NOT SCOTLAND But Could Be





